



## The great restorative devotion of **Fatima's 1<sup>st</sup> Saturdays** for peace

### 1- About Fatima

On July 13, 1917 at Fatima, Our Lady announced that, in addition to the Rosary, she would come to ask for a future devotion for peace: *"To prevent war, I will come to ask for the consecration of Russia to my Immaculate Heart and for **Communion of Reparation on First Saturdays.**"* She returned in two stages, appearing to Sister Lucy of Fatima on December 10, 1925 to establish the 1st Saturdays throughout the Church, and then on June 13, 1929 to ask the Pope to consecrate Russia.

While popes have already begun to follow Fatima's request for the consecration of Russia, very few of the faithful actually perform the 1<sup>st</sup> Saturdays. Two months after Sister Lucia's death in 2005, **Carlos Acutis** saw the Fatima seeress in a dream, telling him:

*"The fate of the world depends on the 1<sup>st</sup> Saturday of the month."*

2025 is the **100th** anniversary of the 1<sup>st</sup> Saturdays, and it's **urgent to obey Notre Dame**

### 2- What did Our Lady ask for on the 1<sup>st</sup> Saturday of the month?

She made five specific requests to be carried out every 1<sup>st</sup> Saturday of the month:

1. **Confession** (on Saturday or in the weeks before)
2. **Communion**
3. **Recite** a rosary.
4. **Keep him company for 15 minutes by meditating** on a mystery from the Rosary.
5. Do these four acts with the **intention of making reparation** for the offences committed against her Immaculate Heart.

Finally, she promised a marvellous grace to those who make **five 1<sup>st</sup> Saturdays in a row**. Here are her exact words on December 10, 1925 to Sister Lucy: *"All those who, for five months, on the first Saturday, go to Confession, receive Holy Communion, recite a Rosary, and keep me company for fifteen minutes meditating on the fifteen mysteries of the Rosary, in the spirit of reparation, I promise to **assist them at the hour of death with all the graces necessary for the salvation of their souls.**"*

### 3- Three charity goals on the 1<sup>st</sup> Saturday of the month

The practice of 1<sup>st</sup> Saturdays is therefore carried out for three **charitable** purposes, which have an order of priority:

1. **To make reparation for offenses against the Immaculate Heart of Mary** <sup>(1)</sup> (charity towards God): This is the first goal, which is logically linked to the 1<sup>st</sup> commandment: "You shall love your God".
2. **Obtain peace on earth** (charity towards others): At Fatima, Our Lady promised peace on condition that we follow Her requests. And Sister Lucia reminded us that to obtain this peace *"God wants this way and no other."*
3. **To obtain Heaven** (charity towards oneself): if we pray five 1<sup>st</sup> Saturdays **in a row**, Our Lady has promised to help us go to **Heaven** when we die. It's a wonderful help she's reserved for our time, when it's so difficult to remain faithful to God.

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***Note 1:** Christ explained why five Saturdays. "For there are five kinds of offenses: 1/ blasphemies against the Immaculate Conception, 2/ blasphemies against her virginity, 3/ blasphemies against her divine maternity, 4/ blasphemies of those who publicly seek to put indifference, contempt or hatred for Mary in the hearts of children, and finally 5/ offenses of those who directly outrage her in her holy images."*