



## Easily create a 1<sup>st</sup> Saturday of the month group!

### 1- What is a 1<sup>st</sup> Saturday of the month group?

It's a **local, autonomous** group of lay people who **meet every 1<sup>st</sup> Saturday of the month** in a church, chapel, community, etc., to carry out the Blessed Virgin's request.

Although autonomous, the groups are **united** within **the Alliance 1<sup>ers</sup> samedis de Fatima** to better radiate in the spirit of the Church. This unity is based on three elements: (1) they all do **exactly what** Our Lady asked of them, (2) they all meditate **on the same mystery of the Rosary** every 1<sup>st</sup> Saturday, (3) they all spread the word about the 1<sup>st</sup> Saturdays using the Alliance's communication tools.

### 2- How to start a group easily

- a) If possible, **talk to** one or two people close to you (family, friends, parishioners, etc.). To explain, use Alliance website (in particular the video and summary sheet).
- b) **Identify an existing Saturday mass** nearby ([see sheet 3](#)).
- c) **Talk to the priest** ([see sheet 4](#)) and set the times for the rosary and meditation (before or after mass) according to local constraints. (It's important that the times follow each other, as it's too restrictive to have to come back twice during the day).
- d) Tell members to **sign up** at <https://contact/jubile2025-fatima.org> to receive the monthly meditation.
- e) **Register** your group on the map to enable nearby members to join you.  
(process in preparation)

### 3- How to organize each Saturday 1<sup>st</sup>

*Before Saturday 1<sup>st</sup> (recommendations not mandatory)*

Print out a meditation (you can use the one suggested by the Alliance).

To mark the day, plan to display a statue of the Blessed Virgin and bring her flowers.

To add a certain solemnity, try to include an organist and a few hymns to the Blessed Virgin.

Ask the priest if he can be present during the rosary and meditation to confess.

*Saturday 1<sup>st</sup>*

Meet at the agreed time in the selected Church to carry out Our Lady's requests in their entirety.

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*Note 1: The meditation can be done in silence, or with the meditation text read out.*

*Note 2: Those who, for personal reasons, are unable to stay long on that day, are perfectly welcome to recite their rosary and do the meditation on their own at another time of day.*

*Note 3: These 1st Saturdays can also be an opportunity for **socializing** and exchanging ideas on other possible actions. Some groups organize a breakfast afterwards.*

If this sheet is not enough and you need special help to start a group,  
contact us at [coordination \[at\] jubile2025-fatima.org](mailto:coordination[at]jubile2025-fatima.org)